



## Swiss Netball Age Banding Rules 2025-26

Junior Competitions	Junior Age Banding Regulations
JCT	U11, U13, U15, U17
Match Play	U11, U13, U15, U17
U15 Junior League	Any athlete competing in an U15 competition <b>MUST</b> be over the age of 12 and under the age of 15 <b>U15 Junior League 2025-2026 – Athletes born 2010, 2011 and 2012</b>
U17 Swiss Trials	Any athlete competing in an U17 competition <b>MUST</b> be over the age of 13 and under the age of 17 (on 31 <sup>st</sup> December immediately prior to the event/competition)
Senior Competitions	Senior Age Banding Regulations
Peppermill	Minimum age 18 **
National League	
Match Play	
U19 / U21 / Open Swiss Trials	

Any athlete competing in an Adult competition MUST be over the age of 18

Any athlete competing in an U21 competition MUST be over the age of 18 and under 21

Any athlete competing in an U17 competition MUST be over the age of 13 and under 17

Any athlete competing in an U15 competition MUST be over the age of 12 and under 15

Any athlete competing in an U13 competition MUST be over the age of 11 and under 13

Any athlete competing in an U11 competition MUST be under the age of 11

\*\* If a player has not reached the minimum age to compete in Senior Competitions, the player's Head Coach has to determine that the player demonstrates the physical, emotional, social and technical ability as well as maturity to compete in a Senior Competition. A Waiver Form must be completed per player which can be obtained from [admin@swissnetball.ch](mailto:admin@swissnetball.ch). Only one Waiver Form per player will need to be submitted for any player wishing to participate in any Senior Competition or event during that season.

**All ages are taken at 11:59pm on 31<sup>st</sup> December the calendar year prior to the planned start of the event/competition.**